# thrive

Thrive, a local community organization in collaboration with Bozeman Schools, offers classes that provide information and strategies for parents so they know what they can do to ensure their child's school success. Topics cover age appropriate child development, building a strong learning environment, raising responsible kids, setting high expectations and clear boundaries.

### **Becoming a Love and Logic Parent**

Presented by: Bozeman Public Schools and The Parent Liaison Program, a signature program of Thrive This six-week workshop, developed by the Love and Logic Institute, Inc. will help you develop specific answers and strategies for some of those difficult moments in parenting. Parent Liaisons at your school will be facilitating this class. \$10 fee for the workbook. Limited childcare available.

Hawthorne	Sept. 25-Oct. 30	Tuesdays	5:30-7:30pm	Libby Michaud, Parent Liaison
Emily Dickinson	Sept. 27-Nov. 8	Thursdays	6:00-8:00pm	Steve Wellington, Parent Liaison
CJMS	Sept. 27-Nov.8	Thursdays	6:00-8:00pm	Lori Van Vleet, Parent Liaison
Hyalite	Sept. 27-Nov. 8	Thursdays	6:00-8:00pm	Cindy Ballew, Parent Liaison
Irving	Jan. 17-Feb 21	Thursdays	6:00-8:00pm	Cindy Ballew, Parent Liaison
Longfellow	Jan. 15-Feb 19	Tuesdays	6:00-8:00pm	
Sacajawea	Jan.15-Feb 19	Tuesdays	6:00-8:00pm	Ashley Jones, Parent Liaison
Morning Star	Mar. 21-Apr 25	Thursdays	6:00-8:00pm	Libby Michaud, Parent Liaison
Whittier	Mar. 21-Apr 25	Thursdays	6:00-8:00pm	Lori Van Vleet, Parent Liaison

### **Thriving Kinders**

#### A Workshop Designed for Parents of Kindergartners

Thrive has designed Thriving Kinders, a class for parents of children who are entering Kindergarten. The purpose of this class is to help parents recognize the importance of their role in their child's success as a learner and in life. Parents will discover how to create an atmosphere that promotes learning and how to create positive partnerships with schools. Topics covered will include: developmental stages of the school-age child, play that teaches important developmental concepts, parenting strategies to deal with common childhood problems and helping children build healthy relationships.

Irving	Aug. 29	Wednesday	9:00-10:30 am	Cindy Ballew, Parent Liaison
Hyalite	Aug. 30	Thursday	9:00-11:00 am	Cindy Ballew, Parent Liaison
Morning Star	Aug. 30	Thursday	9:00-11:00 am	Libby Michaud, Parent Liaison
Hawthorne	Aug. 31	Friday	9:30-11:30 am	Libby Michaud, Parent Liaison
Longfellow	Aug. 31	Friday	8:45-10:15 am	
Whittier	Sept. 4	Tuesday	8:30-10:30 am	Lori Van Vleet, Parent Liaison
Emily Dickinson	Sept. 27	Thursday	6:00-8:30 pm	Steve Wellington, Parent Liaison

### **Thriving Sixth Graders**

#### A Workshop Designed for Parents of Sixth Graders

Thrive has designed Thriving Sixth Graders, a class for parents of children who are entering sixth grade. The purpose of this class is to help parents recognize the importance of their role in their child's success as a learner and in life. Parents will discover how to create an atmosphere that promotes learning and how to create positive partnerships with schools. Topics covered will include: developmental stages of the school-age child, parenting strategies to deal with common childhood problems and helping children build healthy relationships.

Sacajawea	Aug. 23	Thursday	10:00-12:00pm	Ashley Jones, Parent Liaison
CJMS	Aug. 27	Monday	4:30-6:00pm	Lori Van Vleet, Parent Liaison

To register or for more information, please visit the Thrive website <u>http://www.allthrive.org,</u> call your Parent Liaison, at 587-3840 or contact your child's school.



# Helping Our Teens *Sail* Through (& Their Parents Survive!) Adolescence

## Hager Auditorium-Museum of the Rockies Tuesday, September 11 from 7:00-9:00 pm Free to the Public

In this speech, Maria Trozzi will explore the normal developmental stresses that adolescents face as they lose their childhood and move towards adulthood. Often, adolescents are required to cope with any number of situations, ranging from when Barry breaks up with Susan (even if they "went out" for only days... or hours!), being on the outside of the "in" group, not making the varsity soccer team, leaving the safety and familiarity of the middle school, not getting into their chosen college. At times, the problems seem overwhelming and the solutions seem out of reach for both teens and their parents.

- How can parents and other caring adults help? When should they get involved? When is it interference?
- What techniques generally stop communication? What approaches work most of the time?
- And, given the lives of dual working parents, hectic schedules for both parents and kids, and few if any opportunities for "family times," what "real life" strategies can adults employ that create a base of support for their teens during the many "crises" they face?
- What specific tools can parents use that will ultimately have the greatest impact on their teens' lives: to assess the many risks that alcohol, drugs, and sex present to our teens and assisting them to move beyond their peer group's.







Trozzi, who is an assistant professor of developmental pediatrics at Boston University School of Medicine, combines insight, research findings, experience as a parent of two teens, and humor in her talk to parents and other adults who care about teens!

